



**HAPPINESS IS
A CHOICE.**

*happiness is
my choice.*



I AM SUPERIOR

*to negative
thoughts.*



**I LIVE IN THE
PRESENT AND
HAVE CONFIDENCE
in the future.**



**I CHOOSE TO
BE GRATEFUL
for today.**



**BY ALLOWING
HAPPINESS
IN MYSELF,**

*i encourage
happiness in others.*



**I AM AT PEACE
WITH MY PAST
AND MY FUTURE
is full of light.**



**MY INNER
JOY RADIATES
in all i do.**



**I DESERVE TO
feel happy.**



*HAPPINESS IS
A CHOICE.
HAPPINESS IS
MY CHOICE.*



*I AM SUPERIOR
TO NEGATIVE
THOUGHTS.*



*I LIVE IN THE
PRESENT AND
HAVE CONFIDENCE
IN THE FUTURE.*



*I CHOOSE TO
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*BY ALLOWING
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*I DESERVE TO
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